

MBC Sand Volleyball Rules & Regulations
2013 Season

1. The following is the definition of a Legal Team:

You must have four to six players with at least one of the players being female for four player teams and, two players being female for five or six player teams. Female team players are required to be on the court at all times. All players must be employed at the Millbrook Business Center. No friends or family are eligible to participate for liability reasons.

The opposing team may opt out playing against a team with less than the required number of females or with less than four players but it is not required. The team without the required number of females will forfeit.

2. You may only play for one team on both competitive and recreational leagues. The only exception to this is if the team you originally sign up with forfeits the season.
3. A standard waiver of liability form must be signed by all participants, even alternates.
4. All players must be at least 18 years of age.
5. Every effort will be made to play games on Mondays and Wednesdays and to begin all matches at 5:30 p.m. An alternate game date may be necessary on another day in the event a make-up game is needed, or to provide a fair number of games to all teams.
6. If a team, or its captain, is not present within **15 minutes** of the scheduled game time, the game will be considered forfeited. If the no-show team shows up later than **15 minutes**, the team present may elect to play the game, but is not required.
7. Each team will designate a Team Captain who will be responsible for maintaining a full team roster despite vacations, illness, etc. The Team Captain will also be responsible for notifying, or make arrangements to notify, the league coordinator (Carol Boyd at The Benida Group-847-883-8460) the results of any games played and any rescheduled games.
8. The first to win two out of three games takes the match. In an effort to maintain the non-competitive spirit of the league, we suggest all three games be played regardless if a third game is needed. Team Captains should email league coordinator at cboyd@benida.com with the winner of the match and the scores of the games.
9. Team Captains will also be responsible for re-scheduling make-up games **as soon as possible** of the originally scheduled match (rain-out, double forfeit, etc.).
10. Teams playing make-up games have priority on use of the courts over teams wanting to practice. Please contact the league coordinator to schedule make-up games or practices.
11. Team Captains are responsible for registering players, registering team names, tracking your team's statistics, and resolving any team scheduling conflicts.
12. Equipment will be available at The Benida Group, Ste 200, 485 Half Day Road, Monday thru Friday 8 a.m. to 4:30 p.m. Please make sure the equipment is returned to Suite 200 after the games and/or practice. Any equipment not returned to the Management Office may subject to replacement costs by the team.
13. The league coordinator will assist in tracking ranks, safekeeping equipment and scheduling games or practices. Please see your Team Captains for all other concerns.
14. Have Fun!

ATHLETE WAIVER & RELEASE:

PLEASE READ THE FOLLOWING CAREFULLY.

YOUR SIGNATURE BELOW INDICATES THAT YOU UNDERSTAND, AGREE TO BE BOUND BY AND WILL COMPLY WITH THE TERMS AND CONDITIONS LISTED ON THE NEXT PAGE.

In consideration of being allowed to participate in the After-Hours Volleyball League and all other events, activities and programs related thereto (the "League"), the individual signing on page two (the "Participant"):

1. Age. Certifies they are eighteen (18) years of age or older;
2. Assumption of Risk. Assumes all risks and accepts personal responsibility for any and all damages or injuries they may cause or suffer while participating in the League;
3. Waiver and Release. Waives any and all claims or actions against **Staples, Inc., Millbrook Business Center Association, Millbrook Properties, LLC, Millbrook Business Park and Quill Corporation**, their respective administrators, officers, directors, agents and other employees or volunteers, any other participant, sponsoring agency, corporate sponsor, or advertiser of the League, and/or any owner or leasee of premises on which the League takes place (collectively, the "Released Parties") arising from or relating to the League, including but not limited to any claims or actions for personal injury or damage to property, and otherwise releases and discharges the Released Parties from any and all liability arising from or related to the League;
4. Covenant and Indemnification. Covenants not to sue the Released Parties for any claim or action arising from or related to the League and agrees to indemnify, save and hold harmless each of the Released Parties for/from any litigation expenses, attorneys fees, losses, liability, damages or other expenses the Released Parties incur as a result of such a claim being made by the Participant or someone acting on the Participant's behalf; and
5. Insurance. Certifies that they either (i) have adequate insurance to cover any injury or damage they may cause or suffer while participating in the League or (ii) agree to bear the costs of any injury or damage they may cause or suffer while participating in the League.

BY SIGNING BELOW, THE PARTICIPANT ACKNOWLEDGES THEY (i) HAVE READ THIS AGREEMENT, (ii) UNDERSTAND ITS TERMS, (iii) UNDERSTAND THEY HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, (iv) HAVE SIGNED IT FREELY, (v) INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT

PERMITTED BY LAW, AND AGREE (vi) THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

PARTICIPANT:

Signed: _____

Printed: _____

Dated: _____, 20____

Original of this document must be in the possession of the Millbrook Property Management office. Please mail or hand-deliver to the following address:

MILLBROOK PROPERTIES

Attn: Kat Dermane

485 Half Day Road, Suite 220

Buffalo Grove, Illinois 60089

P: 847.883.9940

F: 847.478.0414

ATHLETE REGISTRATION FORM & WAIVER - 2013

After-Hours Volleyball League at Millbrook Business Center

Please provide the following Athlete information:

Your Information:	
Last Name	First Name
E-mail Address	
Company Name	
Male <input type="checkbox"/>	Female <input type="checkbox"/>
Check box if you will only be a substitute <input type="checkbox"/>	
If this is an established team, please enter team name:	
Home Information:	
Street/City/Zip	
() - Daytime Phone Number	() - Cell Phone Number
Emergency Contact Information:	
Emergency Contact Name	() - Emergency Contact Telephone Number
Relationship to team member:	
League You Wish To Play On:	
<input type="checkbox"/> Recreational	<input type="checkbox"/> Competitive

Please return form to Kat Dermane at 485 Half Day Road, Suite 220, Buffalo Grove, IL 60089 or via email at kdermane@benida.com. If you have any questions, please contact me at 847.883.9940.

485
Half Day
Road

Millbrook
Volleyball
Courts

